



## Alternative to a Professional Fire Department: An Analysis of Resident Intern Programs

by Sublimity Intern Nick Lane

Volunteer fire departments have a rich tradition built deep into the roots of American history. Since 1736, when Benjamin Franklin started the first "fire club" in Philadelphia, citizens have taken it upon themselves to protect and save one another from fire-related tragedies.

Today, many rural areas still rely on volunteers to heed the call for help and become firefighters at a moment's notice; but as these cities and towns change and as the job becomes more technical, it is hard for fire departments to fill their ranks.

In recent years, fire departments have begun to use college students to fill positions left unattended by

volunteers. These students are called resident volunteers/interns or sleepers, due to the fact that they usually live within the walls of the station they serve. Using these student firefighters is an action taken by departments to ensure the safety of their communities and to avoid the expense of maintaining a full paid staff of professional firefighters.

The primary goal of a student intern is to get hired on at a paid department. Sometimes this means starting one's career in a smaller community more willing to hire less experienced firefighters. As a result, interns are more readily attracted to rural communities.

Rural districts in the Santiam

Canyon/Willamette Valley area advertise at Chemeketa Community College for fire or paramedic program students. It's an attractive offer for a student: a place to live and an opportunity to learn and gain experience responding on calls.

The cost of sleepers can include dorms, utilities, tuition reimbursement, etc. However, it's still a much cheaper route than hiring paid firefighters.

Resident interns are a cost-effective supplement to volunteer firefighters. Interns fill a gap in the department in house duties and response. Without sleepers, response, attendance, and effectiveness in the community would decrease.

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# The Sublimity Re-tone

## Sublimity Fire District

### From the Chief's Desk

During October of every year, the fire service devotes a week to fire prevention education. Preventing fires is the foundation of all progressive fire departments, in that it is easier and cheaper to prevent a fire than it is to muster the needed resources to combat a fire.

We must make this educational process a vital part of our overall approach of community involvement to help us prevent fires. I want to thank GEOFF McFARLAND, NICK LANE and ANGELA HARGIN for their extra effort in educating our children during fire prevention week. They volunteered their own time to visit about 200 students and teachers at Sublimity Grade School and teach them about fire safety. Fire pre-

vention materials and a reflective Halloween trick-or-treat bag were given to each student to take home and share the message with their parents.

We are entering into the busy holiday months with many activities scheduled. I want to encourage each member of this district to get involved with the events; extra hands are always needed: October 31—Halloween Open House, November 19—Turkey Shoot, November 27-30—Decorating Community Christmas Tree, Dec 2—Tree Lighting, Dec 7—Holiday Potluck. Hope to see you there!

This is our first edition of a community-wide newsletter that will be mailed to every household in the Sublimity Rural Fire Protection District. We hope to

provide this as a quarterly mailing in which we will address fire and medical issues within our response area. We hope that this format will work as both an informational source and a recruiting tool to attract members to our organization. This first issue is focusing on "Volunteerism" and our present need for more members. We hope you, the members of the district, will contribute articles and share needed information with the citizens of the area and that the citizens will take the time to learn more about us.



FROSTY

### November 2006 Issue

Since 2003

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**FF ASSOCIATION ANNUAL TURKEY SHOOT: November 19, 1-5 p.m. Please plan on attending.**

### Cooking Fire Prevention Quiz

1. The leading cause of fires in the kitchen is:

- a. burnt toast
- b. unattended cooking
- c. oven fires
- d. microwave oven fires

2. You should treat a burn with cool water for:

- a. 7-10 minutes
- b. 5-7 minutes
- c. 3-5 minutes

d. cool water isn't good for a burn

3. If you are simmering, baking, roasting or boiling food:

- a. check it regularly and stay in the home.
- b. it is safe to run outside and get your mail
- c. stay in the kitchen and watch the stove
- d. it is safe to leave for an hour

4. When young children are present:

- a. use the stove's front burners so you can reach them faster
- b. use the stove's back burners
- c. have children sit on the floor so they can't reach the stove
- d. have children stand behind you when you're using the stove

5. If a small grease fire starts in a pan:

- a. use baking powder to put the fire out
- b. smother the flames by carefully sliding the lid over the pan. Turn off the burner
- c. pour water on the fire
- d. move the pan to the sink and run water over it

1.b 2.c 3.a 4.b 5.b

ANSWERS:

## Bits and Pieces

### • CHRISTMAS POTLUCK

This year, the district will be holding its Annual Christmas Potluck in the training room at Station 51 on Thursday, December 7 at 6:30 p.m. Please come and bring your family. Refreshments and main course will be provided. Please bring your choice of a side dish, salad or dessert. Santa will be there with holiday greetings for all. There will also be a gift exchange for adults. If you would like to participate, please bring a wrapped gift worth \$5 (no gag gifts please). RSVP to Amy by Monday, December 4 at 503-769-3282. We hope to see you there!

### • CLOTHING ORDERS

Would you like to order a Sublimity Fire District fleece? Do you need an extra T-shirt? A stocking cap for the upcoming winter weather? To find out about price,

other options, and ordering information, contact Amy at the station.

### • CHAMBER FORUM LUNCH

The Sublimity Fire District will be hosting the Holiday Chamber Forum Lunch at the main station on December 4 at noon. The program will include a presentation on holiday fire safety, entertainment by the Bell Ringers, and a meal put on by the fire district and volunteers. If you would like to attend the forum lunch, it is imperative that you *RSVP to the Stayton/Sublimity Chamber of Commerce at 503-769-3464.*

### • FIREFIGHTER JACKETS

There will be a representative from Watershed Clothing at the association business meeting on November 2nd. He will be bringing a firefighter jacket sample for everyone to check out.

### • FOOD DRIVE

There will be a collection bin at the station for anyone wanting to donate non-perishable food to holiday baskets. We could use your help with putting together the baskets and with delivering them on Dec 21st. 'Tis the season for giving.

### ALARM TOTALS

(thru 9/30/06)

EMA	210
Service Calls	69
Fires	44
False Calls	21
MVA	18
Good Intent	12
Hazard. Cond.	5
Other	1
<b>TOTAL</b>	<b>380</b>

## DPSST Trains Members on Mayday Protocol

On October 10, at Station 51, DPSST staff presented their Mayday survival class. This will become a mandated class in the revised 2007 NFPA 1500 and firefighter safety and survival training. Those who attended got a jump on that requirement.

The instructors presented an hour-long classroom portion that focused on when to think about calling for a Mayday, situations that call for a Mayday and the procedure to use to call a Mayday. The students then went to the engine bay to practice what they had learned with various scenarios supplied by DPSST staff.

Those who attended the training viewed it as vital in our ability to provide for firefighter safety and practiced techniques for our survival.



## The Cooking Corner: Pumpkin Pudding w/Caramel

Recipe submitted by Gene Ditter

### Ingredients:

15 oz. canned pumpkin	3 eggs
2 c. buttermilk	1 c. sugar
3 Tbs. melted butter	1 c. flour
1 tsp. baking powder	1/2 tsp. soda
1/2 tsp. salt	1/4 tsp. nutmeg
1/2 tsp. ground cinnamon	1/2 tsp. allspice

### Instructions:

Heat oven to 375. Butter 2-qt soufflé dish. In lg. bowl, beat pumpkin w/ eggs until just blended. Add buttermilk, butter & sugar. Beat to mix. Add remaining ingred. & mix until just combined. Scrape batter into pan and bake until mixture browns on top and

doesn't jiggle when shaken (about an hour). Cool on a rack (pudding will sink a little).

### Caramel Sauce

1 c. sugar pinch of salt 1/3 c. water  
1 c. heavy cream 2 tsp. vanilla  
Combine sugar, salt & water in small, deep, heavy saucepan. Heat over med-high. Stir until sugar is dissolved. Cover & simmer 2-3 min. Uncover & let boil vigorously, swirling occasionally to distribute heat. When light caramel brown, remove from heat. Swirl gently. Set pan on heat-resistant surface & add cream. Mixture will sputter & boil up. Stir w/long-handled spoon in 1 direction. Cool & stir in vanilla. Serve with pudding.

## 69th Annual Turkey Shoot

BINGO! The 69th Annual Sublimity Firefighters Association Turkey Shoot is coming up on Sunday, November 19, from 1-5 p.m. Participants play BINGO for 25 cents per card per game. Winners receive frozen turkeys. Other activities include raffles for cash and turkeys.

Something new this year will be a special raffle reserved for those who bring non-perishable items or monetary donations for holiday dinner baskets. All baskets

will go to families in the Stayton/Sublimity area. Items requested: boxes of mashed or scalloped potatoes, stuffing mix, cranberry sauce, canned yams, bags of mini marshmallows, and gravy. Monetary donations will go toward the purchase of perishable items shortly before baskets are delivered (Dec. 21).

This is one of our biggest events of the year, so we encourage you all to bring your families and come play BINGO.

## Meet Your New Intern: Andrew Kondrack

Andrew Kondrack comes to the Sublimity Fire District with two years of fire service experience already under his belt.

Being a volunteer with Littlerock Fire Rescue (near Olympia, Washington) helped Andrew gain a good understanding of what it means to be part of a volunteer fire department. He knows that the department belongs to the community and he feels that it is a privilege to be able to live in a fire station. He has even dressed up as Smokey the Bear for parades.

Andrew will complete his first year in Chemeketa Community College's Fire Suppression Program at the beginning of December. He is hoping to become an officer as a second-year student. His career goal is to become a paid firefighter/

paramedic and work somewhere on the



West Coast.

Sublimity Fire District attracted Andrew

because he felt it was somewhere he could gain additional experience and expand his knowledge of the fire service.

Andrew is an outdoorsy person, who enjoys riding his four-wheeler at the sand dunes with his dad, camping with his family, and playing paintball with his friends. He is also very interested in music and likes to lift weights.

A tragic car crash where a family member was killed helped to propel Andrew toward working in emergency services. He wants to become a firefighter/paramedic so he can help people in emergent situations.

A newly-certified EMT-Basic, Andrew considers his most prized possessions to be his hands, because they are his most valuable tools.

## November Calendar

2 — Association Dinner-6:30 p.m., EMS Drill-7:00 p.m., Business Meeting-8:00 p.m.

9 — Safety Committee Meeting-5:00 p.m., Drill-7:00 p.m.

10—Veterans' Day observed (office closed)

11—Veterans' Day

15 — Board of Directors Meeting-7:00 p.m.

16 — Officers Meeting-6:30 p.m., Drill-7:00 p.m.

19 — 69th Annual Turkey Shoot, 1-5 p.m., Sublimity Main Station

23 — Thanksgiving (office closed-no drill)

24 — (office closed)

30 — Drill at Stayton Fire District-7:00 p.m.

### November Birthdays

24 — Shannon Tallman

30 — Troy Tallman