

## Winter Driving Tips

- 1) **Be prepared**—Give yourself a little extra time each morning to scrape the windshield and let the defrost clear the window.
- 2) **Keep your gas tank half-full or more**—You never know when you will be in a major road blockage.
- 3) **Keep winter safety supplies in the trunk**—Keep a shovel, some type of traction material, traction devices, a blanket, water and a few Power Bars in your trunk. You should also have a first-aid kit, fuses and a flashlight (check your batteries).
- 4) **Watch for ice even when you don't see it**—On cold days, watch for shaded curves, bridges and/or overpasses that may still be icy even though the sun is shining. Brake and slow down *prior* to a curve.
- 5) **Keep your speed either at or below the speed limit**—Remember, Oregon has the Violation of Basic Rule statute, which means that if conditions warrant driving less than the speed limit, you must do so.
- 6) **Make sure your exhaust system is in good condition**—Watch for exhaust coming out from places other than the tailpipe on cold mornings. That is a clear indication of holes in the system, increasing your chances of carbon monoxide poisoning.
- 7) **Have your brakes checked**—Brakes and brake fluid are very important safety features on your car.
- 8) **Avoid hydroplaning**—Generally speaking, you only need about two-tenths of an inch of water to cause hydroplaning. Proper tire pressure

and sufficient tread depth make hydroplaning less likely, as does keeping your speed down.

9) **Wipe off your exterior lights and interior windows**—This will increase your ability to see on dark nights.

10) **Avoid using cruise control on wet or icy days**—Spinning tires provide no traction. If you're using cruise control on slippery surfaces at a slight incline, there's a chance your transmission might automatically shift to a higher gear, causing drive train axle to spin and loss of control.

11) **Change your wiper blades**—Fall is the ideal time. Summer heat hardens the old blades and makes them less effective.

12) **Avoid medications/drugs/alcohol when driving.**

### Sublimity Fire District

115 NW Parker St.  
P.O. Box 911  
Sublimity, OR 97385-0911



Phone: 503-769-3282

Sublimity Fire District  
P.O. Box 911  
Sublimity, OR 97385

We're on the Web!  
[www.sublimityfire.com](http://www.sublimityfire.com)

# The Sublimity Re-tone

Holiday Edition 

## Sublimity Fire District

### From the Chief's Desk

#### EVERYONE GOES HOME

There is a movement in the fire service to make sure "Everyone Goes Home." These are the buzz words of a campaign focused on reducing the number of firefighter deaths and injuries. Since 1981, 3,050 line of duty deaths have occurred; that's a rate of two firefighters per week, a statistic that is unacceptable to the nation's fire service.

The goal of the U.S. Fire Administration is to reduce the number of line of duty deaths by 50% by the year 2014. The fire service is losing too many of its valuable members to preventable causes: 50% heart attacks, 25% responding or returning from calls, and 10% in training fires.

There has to be an attitude and culture change in order to make this happen. The lay it all down all the time atti-

tude leads to unsafe practices that cause injury and death. This year, one out of every 10 firefighters will be injured and one out of every 100 firefighters will have a serious line of duty injury.

When we perform unsafe acts and nothing happens, this only reinforces bad behavior. Every member, regardless of rank, is empowered to be a safety advocate. Officers, it is your first priority to make sure your firefighters are safe. You must make sure they practice safety at all times in the station, on the drill ground and during responses.

The fire service will always have risk associated with the job, but it's time we reduce the preventable causes of injury and death. The fire service across the nation has adopted the following life safety initiatives:

1. Define and advocate the

need for a cultural change within the fire service relating to safety; incorporating leadership, management, supervision, accountability and personal responsibility.

2. Enhance the personal and organizational accountability for health and safety throughout the fire service.

3. Focus greater attention on the integration of risk management with incident management at all levels, including strategic, tactical and planning responsibilities. . . .

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FROSTY

### December 2006 Issue

Since 2003

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### Pre-Thanksgiving Fire Damages Home on Coon Hollow

Sublimity crews responded to a fire at 18095 Coon Hollow Road, a single-family dwelling owned by the Toepfer family. This fire presented many obstacles for firefighters to overcome to control the blaze.

An outside electrical service line was the source of the fire, which extended to the

second story of the structure.

"Fire crews did a great job of controlling the fire spread in this balloon construction house," stated Chief Frost.

Fire control was also hampered by the live electrical line that was arcing upon the first crew's arrival. It took some time to get the electri-

cal service cut due to the remote location of the address and the power companies trying to decide whose service it was.

Stayton Fire assisted with the control and overhaul of this fire; it's always a plus to receive a well-trained engine company to assist with a fire.

This fire was an excellent example of balloon construction and the many avenues for fire to spread. Our crews received valuable experience for the future from this fire.

Loss was estimated at \$40,000 to the structure; content loss was minimal due to the great salvage work completed by the fire crews.

## Bits and Pieces/Holiday Events

### • THANK YOU!

We mailed out our first community newsletter last month and have already gotten some great feedback! Thanks so much to everyone who assisted in putting it together. It was a lot of work and we couldn't have done it without you.

### • CONGRATULATIONS!

Our own Lieutenant Gene Ditter was recently elected to be Sublimity's mayor. Gene's term will begin in January 2007.

### • TREE LIGHTING CEREMONY

This year, the tree lighting will take place Saturday, December 2, at 7:30 p.m. at the park across from the station. Santa will be on hand for photos and to light the tree. Refreshments provided.

### • CHAMBER FORUM LUNCH

The fire district will be hosting the Stayton/Sublimity Chamber of Commerce Forum Lunch on December 4 at noon in the training room. Firefighters will give a presentation on holiday fire safety. A hot lunch will be served. Please RSVP to the Chamber office 503-769-3464.

### • HOLIDAY POTLUCK

This year's holiday potluck will be Thursday, December 7, at 6:30 p.m. in the training room. All volunteers, career staff, support team personnel, life members and honorary members are invited to attend. Santa will be there with gifts for the little ones. Drinks, table settings and main dish provided. Please bring a side dish, salad or dessert and RSVP to Amy at 503-769-3282 by December 4.

### • REQUIRED DRILL HOURS

Don't forget that DPSST training requirements start over at the beginning of each year. Members are required to have 60 hours of training, of which 20 hours must be from Thursday night drill.

#### ALARM TOTALS

EMA	262
Service Calls	75
Fires	50
MVA	31
False Calls	29
Good Intent	18
Haz. Cond.	5
Other	1
<b>TOTAL</b>	<b>471</b>

## Fire and Life Safety Initiatives

(continued from Chief's Message)

4. All firefighters must be empowered to stop unsafe practices.

5. Develop and implement national standards for training, qualifications and certification (including regular recertification) that are equally applicable to all firefighters based on the duties they are expected to perform.

6. Develop and implement national medical and physical fitness standards that are equally applicable to all firefighters, based on the duties they are expected to perform.

7. Create a national research agenda and data collection system that relates to the initiatives.

8. Utilize available technology wherever it can produce higher levels of health and safety.

9. Thoroughly investigate all firefighter fatalities, injuries, and near misses.

10. Grant programs should support the implementation of safe practices and/

or mandate safe practices as an eligibility requirement.

11. National standards for emergency response policies and procedures should be developed and championed.

12. National protocols for response to violent incidents should be developed and championed.

13. Firefighters and their families must have access to counseling and psychological support.

14. Public education must receive more resources and be championed as a critical fire and life safety program.

15. Advocacy must be strengthened for the enforcement of codes and the installation of home fire sprinklers.

16. Safety must be a primary consideration in the design of apparatus and equipment.

## New Drill Schedule

Beginning January 4, 2007

Starting with the first drill of the New Year, Sublimity Fire personnel will no longer be drilling at separate locations.

On January 4, 2007, and every drill thereafter, weekly drills will be held at one location.

"There is a need to build teamwork among all members of this fire district," said Chief Frost. "By drilling together, members can get to know one another better and build a mutual respect for each other."

Drilling together will help members become familiar with equipment and apparatus at both stations. It will also allow members to get to know the abilities of their fellow firefighters.

In keeping with the theme of team-building, Sublimity will also continue drilling with Stayton Fire District on the fifth Thursday of each month.

This program will be initiated for six months and then reevaluated.

## The Cooking Corner: Easy Almond Roca

Recipe submitted by Amy Manning

Ingredients:

- 36 soda crackers
- 1 c. butter (no substitutions)
- 1 c. sugar
- 12-oz. package chocolate chips
- 1/2 cup finely chopped nuts (optional)

Instructions:

Preheat oven to 400 degrees. Line a lightly greased jellyroll pan with whole or

crushed soda crackers. Bring butter and sugar to a boil over medium heat. Boil for exactly three minutes, then pour evenly over crackers. Bake for five minutes. Remove from oven and sprinkle chocolate chips over mixture. Let sit a few minutes until chocolate is soft, then spread evenly with a spatula and sprinkle with nuts (if desired). Refrigerate for one hour or put in a cool place. Break into pieces and enjoy.

## Holiday Food Baskets

Now's the time of year when most people are brimming over with holiday cheer. Folks are a little more jolly, a little more generous, and a little more eager to reach out to somebody down on their luck.

Many people don't realize that a few in our community need someone to reach out and give them a boost. Help someone less fortunate this holiday season by donating non-perishable food items toward the Gift of Christmas Dinner program.

Requested items include boxes of mashed or scalloped potatoes and stuffing, cans of gravy, yams and cranberry sauce, and bags of marshmallows. The fire district will be using monetary donations to buy perishable items on the basket delivery date.

The district is sponsoring several local families and will be using the fire engine to deliver baskets on December 21st.

Please join us and lend a helping hand.

## Turkey Shoot Re-cap



The 69th Annual Turkey Shoot was a big success. The Firefighters Association earned about \$2,200. Of that money, more than \$200 came from the auctioning off of handmade art donated by the "Thursday Painters." The district also took in about \$170 in cash donations

toward holiday food baskets, as well as lots of non-perishable food items and \$100 for Toys for Joy. Thanks to all those who helped out.



Left: Members pitch in to stuff Turkey Shoot mailers. Above: Gene Ditter calls bingo while Gary Rychar and Steve Zuber assist.

## December Calendar

2 — Sublimity Tree Lighting, Early Settlers Park, 7:30 p.m., photos with Santa afterward at Station 51. *Bring your own camera.*

4 — Chamber Forum Lunch, "Holiday Fire Safety," Station 51 Training Room, noon. *Please RSVP to the Chamber office, 769-3464.*

7 — Department Potluck, Station 51, 6:30 p.m. *Main dish, drinks and table settings provided. Please bring a side dish, salad or dessert.*

13 — Board of Directors Meeting, 7:00 p.m.

14 — Drill, 7:00 p.m.

16 — Hanukkah

21 — Holiday Food Basket Delivery, 6:30 p.m.

22 — OFFICE CLOSED

25 — Christmas Day, OFFICE CLOSED

26 — Kwanzaa begins

**December Birthdays**  
19 — Nick Kamerer



Above: The Auxiliary Support Team provided food/beverages for the event. Below: Geoff McFarland & Brock Bryant help participants with bingo cards.

