

# ◆ The Sublimity Re-tone ◆

Newsletter since 2003

August 2006

## AUGUST 2006 CALENDAR

3 - Safety Committee Meeting, 5:00 p.m.;  
Drill Night: Dinner, 6:30 p.m., Station Clean-up, 7:00 p.m.

4 - Setup for Cowboy Breakfast, 6:00 p.m.

5 - Cowboy Breakfast, Station 51, 6:00 a.m. - noon

6 - Cowboy Breakfast, Station 51, 6:00 a.m. - noon

7 - Intern Interviews, 4:45 p.m. - 6:15 p.m.

9 - Board of Directors Meeting, 7:00 p.m.

10 - Drill Night, 7 p.m.

17 - Drill Night, Officers Meeting, 6:30 p.m.

24 - Drill Night, 7 p.m.

26 - Brent Strohmeyer Memorial Car Show, Harvest Festival Grounds

31 - Joint Drill with Stayton, 7 p.m.

### August Birthdays:

3 - Joan Merrell  
12 - Amy Patrick  
16 - Eben Ray  
29 - Ralph Fisher

## Message from the Chief

Do you remember the person or persons who have helped you along through life in the fire service? Was it a positive or negative experience?

I have had both positive and negative motivators in my career.

The positive person is one who always takes the time to answer questions, is at every drill trying to learn more, gives all they can to make their organization better and has fun no matter what they are doing. This is the person whom everyone likes to be around to hear their stories and experiences, hoping to glean some tidbit of information that might help them in their career.

Then there is the negative motivator, the person

whom nobody wants to be like or around. This person has nothing good to say about anything, nothing is ever right with the organization, nobody knows what they're doing.

This is the person everyone avoids, hoping that their negativity won't rub off. This person motivates others by presenting traits that nobody wants to follow.

Benjamin Franklin once said, **"The worst wheel of the cart makes the most noise."**

So, what kind of a mentor do you want to be, positive or negative?

**-Frosty**

## Cowboy Breakfast 2006

It's that time of year again-time to start gearing up for the annual Cowboy Breakfast at the Sublimity Fire District Main Station.

For the third year in a row, the Sublimity Volunteer Firefighters Association will be hosting the All-You-Can-Eat Cowboy Breakfast during the Santiam Canyon Stampede.

This year's breakfast will be Saturday, August 5, AND Sunday, August 6, from 6:00 a.m. until noon both days.

The volunteers will be serving pancakes, ham, eggs, juice, coffee and milk. Prices are: \$5-adults, \$3-kids ages 4-12 & seniors (55+), kids age 3 & under are FREE.

This is a big event for the Volunteer Association and they can always use some help. To sign up, stop by the station or call 503-769-3282. We'd love to have you!



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## Check out our updated Web site!

After much discussion with our "computer guy," we have gone through the process and made arrangements so we can now make changes to our Web site from right here at the fire station.

Check it out! We've only made a few changes so far, but

there are lots of plans in the works for more pages with better, more current content.

Some of the pages we'll be adding soon will include all of the minutes from our board of di-

rectors meetings since 2004, all of the minutes from our current safety committee meetings, and all of the newsletters for 2006.

We'll also be adding a section about our events, such as the

Turkey Shoot and Cowboy Breakfast.

One of the biggest changes we're going to make is to our pictures section. Our goal is to have a picture of every volunteer posted on the site.

At this point, we've added some new pictures and updated some of the information to reflect our current staff and volunteers.

Right now we have lots of ideas that will be implemented in time, but we are always looking for suggestions on how to make improvements.

If you have ideas about something you would like to see on the Web site, or if you see something that needs to be updated, please contact Amy at the office and she'll try to make the changes right away. You can contact her via e-mail: [sta51adm@wvi.com](mailto:sta51adm@wvi.com); or just give her a call at the station 503-769-3282.

### 2006 Alarm Totals

EMA	158
Fires	20
False Call	18
MVA	16
Service Call	56
Good Intent	11
Hazardous Cond.	5
Other	1
<b>TOTAL</b>	<b>286</b>

## The Cooking Corner

### Mocha Smoothie

#### Ingredients

1 tsp. instant coffee  
 3-4 cups chocolate milk  
 2-3 cups ice  
 sugar (to taste)

#### Instructions

Blend in blender to desired consistency. This is a great drink for hot days.

#### For the adventurous:

For those of you over 21 who like to indulge a bit, try adding a hint of Kahlua or Baileys. Maybe top it off with a little whipped cream and a chocolate covered espresso bean.



## Bits and Pieces

- ◆ **SUNDAYS IN THE PARK**  
 Intern Firefighter Nick Lane has spearheaded the effort to bring back "Sundays in the Park." Sundays in the Park are an opportunity for people in the community to meet their firefighters, look at the apparatus, and get some free ice cream. Sundays in the Park will be the last Sunday each month, beginning on July 30.
- ◆ **VOLUNTEERS NEEDED**  
 We are always on the lookout for new volunteers. It's an excellent, exciting oppor-

tunity to be involved and give back to your community. Now is an especially great time to join because Recruit Academy training begins in the fall. If you know someone interested in becoming a volunteer firefighter or if you have any questions about becoming a volunteer firefighter, please call or stop by the station for more information.

- ◆ **Best Business Signs:**  
*At a towing company:* "We don't charge an arm and a leg. We want tows."

*Outside a muffler shop:*  
 "No appointment necessary. We hear you coming."

*At a car dealership:* "The best way to get back on your feet - miss a car payment."

*At an optometrist's office:*  
 "If you don't see what you're looking for, you've come to the right place."

*On a septic tank truck:*  
 "We're #1 in the #2 business."